



## Tanzania, Africa

### 5 Days of Community or Medical Service

#### 1-Day Safari

#### Coffee Plantation

#### Waterfall Hike

**Five days of community service will be at one of the three locations listed below:**

#### **Mwereni Integrated School for the Blind, Moshi**

K2 Adventures Foundation discovered the Mwereni Integrated School for the Blind over 9 years ago. The school currently serves 640 children, age range of 4 -15 years old, from the community of Moshi. Seventy-five of these students are orphans who reside at the school. The orphans are either blind, albino or suffer from a genetic disease called Xeroderma Pigmentosum ("XP"). There is a medical facility on property that serves the dental and medical needs of the children. Spend the day playing with the children, teaching in the classroom, handing out donations, engaging in arts and crafts or enjoying a game of soccer or basketball with the students.

#### **Summit Happy Home, Arusha**

K2 Adventures Foundation purchased a one-acre parcel and is currently completing a functional multi-bed working home for displaced children currently living on the streets. The home will provide a safe environment, proper accommodations, essential medical care, and much-needed food & clothing for the children in need.

#### **St. Joseph's Hospital, Moshi**

K2 Adventures Foundation has partnered with St. Joseph Hospital to provide medical, dental, nursing and other community service opportunities for K2 Adventure travelers. Teams will work directly with this amazing hospital and staff performing surgeries, going on rounds, and participating in other activities that support the hospital. St. Joseph Hospital is one of the largest hospitals in Moshi!

### **13-DAY TRIP ITINERARY**

**Days 1 and 2** – These are travel days with an arrival into Tanzania at Kilimanjaro International Airport (JRO) the evening of day two. Look for a K2AT English speaking representative as you exit baggage claim. He will assist you with your luggage and take you to your hotel.

Dinner included.

Overnight in Moshi or Arusha.

**Day 3** - First day of Community Service at one of the 3 locations listed above. You will wake for an early breakfast and leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm.

Breakfast, lunch, and dinner are included.

Overnight in Moshi or Arusha.

**Day 4** - Second day of Community Service at one of the 3 locations listed above. You will wake for an early breakfast and leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm.

Breakfast, lunch and dinner are included.

Overnight in Moshi or Arusha.

**Day 5** – Today is Sunday and the team will attend a local *Catholic mass* celebrated by Father Aristides. Mass is said in Swahili, which is the native language of Tanzania.

Breakfast, lunch, and dinner are included.

Overnight in Moshi or Arusha.

**Day 6** - Third day of Community Service at one of the 3 locations listed above. You will wake for an early breakfast and leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm. You will also visit a local market called the Blue Zebra where you can purchase authentic trinkets and souvenirs. This market has a non-profit component that gives back to the local community by providing art lessons to underprivileged youth.

Breakfast, lunch and dinner are included.

Overnight in Moshi or Arusha.

**Day 7** - Fourth day of Community Service at one of the 3 locations listed above. You will wake for an early breakfast and leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm.

Breakfast, lunch, and dinner included.

Overnight in Moshi or Arusha.

**Day 8** - Fifth day of Community Service at one of the 3 locations listed above. You will wake for an early breakfast and leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm.

Breakfast, lunch and dinner are included.

Overnight in Moshi or Arusha.

**Day 9** – The morning will be filled with a visit to the coffee plantation and followed by a beautiful hike to a waterfall. The coffee experience will be like no other, including picking, peeling, grinding and sipping locally grown coffee. Afterwards, you will enjoy a breathtaking 40-minute, moderate hike through the local village to the Materuni Waterfall. Finally, the team will visit a local pizza restaurant for lunch.

Breakfast, lunch and dinner are included.

Overnight in Moshi or Arusha.

**Day 10** - This is your one (1) day safari to *Tarangire National Park* and visit to a Masai Village. You will wake for an early breakfast and leave the hotel by 7:00 am. The drive takes about 3 hours to arrive at the park entrance. After the safari and picnic lunch, in the mid afternoon the team will have dinner in a local restaurant in Arusha.

Breakfast, lunch and dinner are included.

Overnight in Moshi or Arusha.

### **Tarangire National Park**

Tarangire is the 6th largest national park in Tanzania, covering over 1,100 square miles. The park is famous for its high density of elephants and baobab trees. Visitors to the park in the June to November dry season can expect to see large herds of zebra, wildebeest and Cape buffalo. Other common resident animal include waterbuck, giraffe, dik dik, impala, eland, Grant's gazelle, vervet monkey, banded mongoose, and olive baboon.

**Day 11** - This is your day to travel to Arusha to visit *Summit Happy Home*.

Breakfast, lunch and dinner included.

Overnight in Moshi or Arusha

**Day 12** – Spend the day relaxing and preparing for your flight home. Your private driver will pick you up at 6:00 pm and take you to Kilimanjaro International Airport (JRO).

Breakfast is included.

**Day 13** - Arrive States

### **\$3,250 Cost Per Person, Double Occupancy**

#### **Cost Per Person Includes:**

- All land travel
- All hotel accommodations (two to a room)
- All meals listed in the itinerary
- All park fees
- 1-Day Safari

**Cost Per Person Does NOT Include:**

- International airfare – approximately \$2,000 to \$3,500 from the U.S.
- \$100 for visa and exit tax for US citizens
- Subsequent lodging and food beyond the 13-day team itinerary
- All individual drinks, either non-alcoholic or alcoholic
- School supplies and gifts for the community service
- Traveler, Medical and Evacuation Insurance
- Single accommodations available for an additional \$750 per person

**For more information, please contact:**

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