



Tanzania, Africa Mt. Kilimanjaro

7-Day Trek 2 Days of Community Service

13-DAY TRIP ITINERARY

Days 1 and 2 - Fly out of U.S. with a final destination of Kilimanjaro International Airport (JRO) on Day 2. Our Tanzanian, English speaking guide will meet us at the airport and take us by private bus to the Sal Salinero hotel in Moshi, Tanzania. Everyone will sleep two to a room.

Dinner included.

Overnight in Moshi.

Days 3 and 4 - You will depart the hotel at 9:00 am and participate in a full day of community service. Bring your in-kind donations to be sorted and distributed to the children. The team to return to the hotel around 4:00 p.m. Team meeting and team dinner to follow.

Breakfast, lunch, and dinner included.

Overnight in Moshi.

Two days of community service will be at one of the three locations listed below:

Mwereni Integrated School for the Blind, Moshi

K2 Adventures Foundation discovered the Mwereni Integrated School for the Blind over 9 years ago. The school currently serves 640 children, age range of 4 -15 years old, from the community of Moshi. Seventy-five of these students are orphans who reside at the school. The orphans are either blind, albino or suffer from a genetic disease called Xeroderma Pigmentosum ("XP"). There is a medical facility on property that serves the dental and medical needs of the children. Spend the day playing with the children, teaching in the classroom, handing out donations, engaging in arts and crafts or enjoying a game of soccer or basketball with the students.

Summit Happy Home, Arusha

K2 Adventures Foundation purchased a one-acre parcel and is currently completing a functional multi-bed working home for displaced children currently living on the streets. The home will provide a safe environment, proper accommodations, essential medical care, and much-needed food & clothing for the children in need.

St. Joseph's Hospital, Moshi

K2 Adventures Foundation has partnered with St. Joseph Hospital to provide medical, dental, nursing and other community service opportunities for K2 Adventure travelers. Teams will work directly with this amazing hospital and staff performing surgeries, going on rounds, and participating in other activities that support the hospital. St. Joseph Hospital is one of the largest hospitals in Moshi!

Trekking

We will cover 38 miles of moderate to strenuous trekking over a 7-day period.

All six mornings on the mountain will begin at 6:30 a.m. with coffee and tea served in your tent. A complete breakfast will be served at 7:30 - 8:30 a.m. and the day will begin promptly at 9:00 a.m. with exception of summit day. Lunch will be served at designated areas on the trail and breakfast and dinner will always be served in camp. All three meals will be served in the dining tent with the exception of lunch on the 1st day of the mountain. Private tented bathrooms are available for all meals and will be set up at each campsite.

Day 5 - 1st day on the Mountain - We will wake for an early breakfast and leave the hotel at 8:00 a.m. sharp. We will drive to the Machame Gate for registration, last minute organizing and final team meeting. We will begin our trek at 6,800 ft. and trek through shambas and montane rainforest. This will be our picnic lunch spot. Following lunch, we will continue to Machame Campsite (9,840 ft./2998 m). Approximately 6-7 hours of trekking.

Day 6 - 2nd Day on the Mountain - We will trek out of the rain forest ascending a steep ridge passing through the heather. The top of the ridge takes us to the open moorlands where we will stop and have lunch. Following lunch, we will cross a large gorge to reach the Shira Campsite (12,450 ft./3800 m). Approximately 5-6 hours of trekking.

Day 7 - 3rd Day on the Mountain - We continue our trek ascending through the dry landscape along a ridgeline, crossing a broad valley, and climbing the ridge crest to 14,800 feet. This ridge is called Lava Tower and will be our lunch spot. After lunch, we will descend several more hours through a beautiful valley to reach the Barranco Campsite (13,000 ft./3950 m). Approximately 7-8 hours of trekking.

Day 8 - 4th Day on the Mountain - We will cross the floor of the great Barranco Valley and climb approximately 2 hours up the Barranco wall. This is a great place for group pictures with beautiful Mt. Kilimanjaro in the background. We will make our way across the Karanga River valley and ascend the ridge to arrive at the Karanga Campsite (13,400 ft./4100 m). Approximately 4-5 hour of trekking.

Day 9 - 5th Day on the Mountain - We will travel up the ridge towards Barafu Campsite (15,800 ft./4800 m). This is the time to get prepared physically and mentally for an early morning summit push. Approximately 4-5 hours of trekking.

Day 10 - 6th Day on the Mountain – We will awaken at 3:30 a.m., have breakfast and start the summit push at about 5 a.m. We will reach the ‘Roof of Africa’ or Uhuru Peak (19,340 ft./5895 m) in approximately 6-8 hours. After the summit, we will begin our descent to Barafu Campsite for lunch. After lunch, we will descend to Millennium Campsite (12,300 ft./3700 m). Approximately 10-12 hours of total trekking.

Day 11 - 7th Day on the Mountain - We will descend through the rainforest to the Mweka Park Gate. A catered lunch will be waiting for us and we will have a celebration with our porters and staff. We will board our private bus and drive 2 hours to the Mt. Meru hotel in Arusha, Tanzania where we will have a team dinner. Approximately 3-5 hours of trekking.

Breakfast, lunch, and dinner included.

Overnight in Arusha.

Day 12 - Enjoy a leisurely breakfast and prepare for your departure home. For those participating in the optional 1-day safari, the private safari truck will depart from your hotel at 8:00 a.m. for Tarangire National Park. You will enjoy a picnic lunch in the park and return to the hotel by 4:30 p.m. to prepare for your evening flight home. You will need to make your flight reservation to depart after 8:00 p.m. on this day. Private airport transportation is provided for all flight departures on this day.

Breakfast included. Box lunch during safari.

Day 13 - Arrive Home

\$4,950 Cost Per Person, Double Occupancy

Cost Per Person Includes:

- All land travel
- All hotel accommodations (two to a room)
- All tent accommodations (two to a tent)
- All meals listed in the itinerary
- All park fees and permits
- Professional English speaking guides
- Wilderness First Responder guides
- All cooks and assistant cooks
- All campsite equipment to include: 2 man tents, dining tents, tables and chairs

Cost Per Person Does NOT Include:

- International airfare – approximately \$2,000 to \$3,500 from the U.S.
- \$300 per person in tips for hotel staff, bus drivers, porters, cooks and guides
- \$100 for visa and exit tax for US citizens
- Subsequent lodging and food beyond the 13-day team itinerary
- All individual drinks, either non-alcoholic or alcoholic
- School supplies and gifts for the community service
- Traveler, Medical and Evacuation Insurance
- Single accommodations available for an additional \$750 per person

*** Optional one or multi day safaris are available upon request**

For more information, please contact:

Kristen Sandquist
kristen@k2adventures.org
480-797-2950

Kevin Cherilla
kevin@k2adventures.org
602-686-6146

Kaki O'Shaughnessy
kaki@k2adventures.org
480-285-7556