



Peru
Machu Picchu
4-Day Trek
1-Day of Community Service

12-DAY ITINERARY

Day 1 - Arrive in Lima

Late evening arrival into Lima, Peru. Look for your guide holding a K2AT sign as you exit the security and customs area. The team will stay overnight at the Wyndham Costa del Sol located directly across the street from baggage claim.

Overnight in Lima.

Day 2 - Lima to Cusco

Following early morning breakfast, the team will return to the airport and depart for a short flight to Cusco, the ancient capital of the Inca Empire, elevation of 10,800 ft. You will be met by your private bus driver who will take you to your hotel for check-in. Lunch will be at a local restaurant followed by a walking tour around Cusco's main square, Plaza de Armas. The tour will include a visit to Coricancha, the most sacred site in the Inca religion and the beautiful Cathedral Basilica of Our Lady of the Assumption. A team meeting and dinner will follow in the evening.

Breakfast, lunch, and dinner included.

Overnight in Cusco.

Day 3 - Cusco

Following a morning breakfast at your hotel, the team will depart for a day of community service at a local school for disadvantaged/disabled children. The school director will provide a tour of the school and introduce the team to the children. All in-kind donations will be organized in the courtyard and distributed to the children. You will spend the morning playing games with the children and visiting their classrooms. The team will return to the hotel for a team meeting and dinner and will prepare for an early morning departure for the trail.

Breakfast, lunch, and dinner included.

Overnight in Cusco.

All meals are included on the trail.

Please notify us prior to travel if you require vegetarian or gluten-free meals on the trek.

Day 4 - Cusco to Chilipahua

This is your first day on the trail. Plan for an early morning departure from your hotel to the Pacchar trailhead, 10,600 ft. where you will begin your trek on the Inca Trail in the Andes. Enjoy coffee and breakfast at the trailhead as the team prepares the gear and horses for the trek. The trail climbs via a small 'pampa' (grassy plains) at Amparaki to the Watuq'asa Pass 12,800 ft. where there is an Inca wall and fortress known as Qosqoq'awarina. You will descend to the small valley called Anapahua, where a small settlement and school called Chilipahua is located. From the school, you will trek approximately 30 minutes up to your campsite, overlooking beautiful views of the surrounding valleys. Approximately 6-7 hours of moderate to strenuous trekking.

Day 5 - Chilipahua to Chuncachuco

This is your second day on the trail. You will awaken to morning coffee and tea followed by a complete breakfast. You will begin your trek up the valley to the high pass of Chuncachuco. You will see flocks of sheep grazing on the hillside as you ascend a small valley to the open lands of higher elevation. Enjoy spectacular views of the Andes and stop at a favorite picture spot before the final push to the summit. The pass is the highest elevation of the trek at 14,900 ft. Your gradual descent from the summit will take you to a scenic lunch spot near a large pond; a favorite watering hole for the wild horses that frequent the area. Following lunch and a long rest, you will

descend across open farmland to your campsite, elevation 13,680 ft. Approximately 5-6 hours of strenuous trekking.

Day 6 - Chuncachuco to Rumedi

Following lunch and a long rest, you will descend across open farmland to your campsite, elevation 13,680 ft. This is your third day on the trail. You will awaken to morning coffee and tea followed by a complete breakfast. You will begin your trek downwards by following a creek through a narrow gorge that will open up to a spectacular view of the Silque River Valley below. You will follow the range along a narrow path through a grassy hillside, abundant with orchids and flowers of all kinds. Your path will keep you above the river valley winding up the hillside around to your lunch spot. Here, you will enjoy lunch at a sun gate with a magnificent view of Mt. Veronica, elevation 19,334 ft., towering over the Urubamba Valley below. After lunch, the trail will descend towards the town of Rumedai to your campsite. Approximately 6-7 hours of strenuous trekking.

Day 7 - Rumedai to Aguas Calientes

You will awaken to morning coffee and tea followed by a complete breakfast. A short walk will take you to the train station for an hour ride along the Urubamba River. Your destination is Aguas Calientes, a small walking town built in the surrounding hillside of the Andes. Aguas Calientes, elevation 6,693 ft., is known as the gateway to the nearby Inca ruins of Machu Picchu, voted one of the *New Seven Wonders of the World*. The town center is full of eateries and shops anchored by the central Mercado Artesanal, a craft market filled with booths of brightly colored Peruvian souvenirs. After checking into your hotel, the rest of your day can be spent relaxing or exploring the town prior to reconvening for a team dinner. Approximately 1 hour of easy trekking.

Breakfast and dinner included.

Overnight in Aguas Calientes.

Day 8 - Aguas Calientes

Following early morning breakfast at the hotel, your team will board a public bus bound for the ruins of Machu Picchu, elevation 8,000 ft. The plan is to be one of the first groups (restricted to 400 people/day) to trek up the famous stone stairway trail to Wayna Picchu, elevation 9,200 ft. The words Wayna Picchu mean "Young Peak" which was the residence for high priests and local virgins. Afterward, the team will enjoy a private guided tour of the Machu Picchu ruins and learn about the history and culture of the most familiar icon of the Inca civilization. You are free to explore these magnificent ruins for the remainder of the day. You can enjoy lunch and ice cream on the grounds or return to Aguas Calientes. Public buses run every 10 minutes until closing. Everyone will reconvene in the evening for a team dinner. Approximately 3-4 hours of trekking inside Machu Picchu.

Breakfast and dinner included.

Overnight in Aguas Calientes.

Day 9 - Aguas Calientes

This will be a complete day of rest and relaxation. Enjoy a leisurely breakfast and lunch, relax at the spa located on the property of the 5 star hotel, or explore the town and trinket markets. You may return to the ruins on your own and enjoy a 45-minute moderate trek up to the Sun Gate, elevation 8,924 ft. The Sun Gate was once a guard gate marking the main entrance to Machu Picchu from the Inca trail. The team will reconvene in the evening for a team dinner and prepare for a morning train departure.

Breakfast and dinner included.

Overnight in Aguas Calientes.

Day 10 - Machu Picchu to Cusco

Following a morning breakfast at the hotel, you will board the train for a 2-hour ride to the town of Ollantaytambo, known for its massive Inca fortress with large stone terraces on a hillside. The journey will continue by private bus through the Sacred Valley to a local farm called Awana Kancha; home to a furry herd of South American Camelids, better known as alpaca, llamas, and vicuña. The farm provides an opportunity to feed, touch and learn about the animals native to the Andes. Shopping for beautiful alpaca gifts is available on property. Plan to arrive at the Cusco hotel by late afternoon. The team will reconvene for a celebration team dinner.

Breakfast, lunch, and dinner included.

Overnight in Cusco.

Day 11 – Cusco to Lima

Following a morning breakfast at the hotel, the team will travel by private bus to the Cusco airport for an early afternoon departure for Lima. The team will have a final team dinner prior to the late evening departure back home.

Breakfast included.

Day 12 – Arrive Home

\$5,250 Cost Per Person, Double Occupancy 5-Star Accommodations

\$3,950 Cost Per Person, Double Occupancy 4-Star Accommodations

Cost Per Person Includes:

- * Domestic round-trip flight from Lima to Cusco
- * All land travel
- * All hotel accommodations (two to a room)
- * All meals listed in the itinerary
- * All park fees and permits
- * All guides

Cost Per Person Does NOT Include:

- * International airfare – approximately \$800 - \$1,500 from the U.S.
- * Approximately \$300 per person in tips for hotel staff, bus drivers, and guides
- * Subsequent lodging and food beyond the team itinerary
- * All individual drinks either non-alcoholic or alcoholic
- * School supplies and gifts for the community service
- * Travelers, Medical and Evacuation Insurance

*** Any deviation from this itinerary is at your own expense**

For more information, please contact:

Kristen Sandquist
Kristen@k2adventures.org
480-797-2950

Kevin Cherilla
kevin@k2adventures.org
602-686-6146

Kaki O'Shaughnessy
kaki@k2adventures.org
480-285-7556